



How Not to Handle Rejections

By Kritika Anuragi

You catch a glimpse of her at a society's orientation and realize a fact truer than your own existence- she is the one true love of your life. You dig out her name, put your stalking skills to good use and start analyzing her Facebook profile. With a heavy heart pounding against your chest, you send her a friend request. 9 days 13 hours and 43 minutes later, you receive a notification of acceptance. You send her a "How you doin'?" and to your surprise, she replies. Casual conversations turn into meaningful talks. You ask her to send notes (only notes) and one fine day, muster up the courage to ask her out...proposal accepted?

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Being in an engineering college, one gets accustomed to being disappointed in life. However, rejection in love realigns the world for you. The pain inflicted upon you by virtue of a broken heart and a torn Engineering Drawing sheet is congruent. The reality of life is that rejection will be a part of it and the undeniable truth of the matter is that midsems will not be postponed due to your emotional downfall. Ergo, it is cardinal to get over it but in an adroit manner.

Rejecting the Rejection

Always remember that you are entitled to a positive response and you can resort to any means at your disposal to convert that 'no' into a 'yes'. In fact, deny its existence in the first place. You should perceive her reasons to reject you as unreasonable. No matter how irrevocable a 'no' she says, you should persist and strive hard to get your love. Remember, there is no such thing as a creep. Write a letter in blood if that is what it takes to convince her of your love. We won't judge.

Starve. Sulk. Smoke. Repeat

Say you fail at rejecting the rejection and she rejects you anyway. The next step is screwing up your physical health so that it is in coherence with your state of mind. Stop eating as it might remind you of her (she also eats); starve yourself as much as possible. Renew your playlist with meticulously hand-picked songs, which will help you create a gloomy mood perfect for sulking (Writer's recommendation: Boulevard of Broken Dreams and Emptiness). Do not stop dwelling in your sadness and see to it that your grief period matches the benchmark set by *Devdas*. Indulging in drinking and drugs is highly recommended.

Internalizing the Issue

While your friends might console you with condolences of the kind "You deserve much better than her...", "She was not good enough for you...", "She is a fool to have missed a gem like you...", remember that your friends will say anything to make you feel better, even if there is little truth to it. It is probably time that you introspect, reconsider your worth and direct

your train of thought towards how abysmal your existence is. Do not perceive rejection as an isolated event, there can be a couple of things wrong with you.

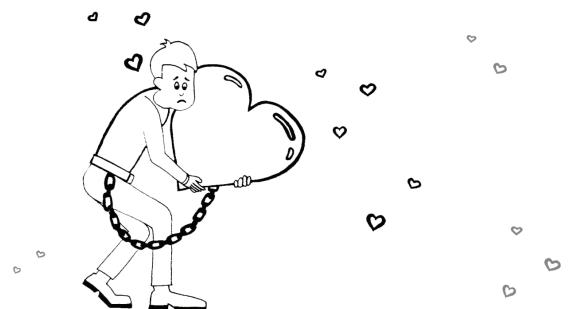
An End to Academics

Logically speaking, the next prudent choice would be ravaging your studies. While many might vehemently argue that engaging your mind in productive activities and diverting your attention is the perfect path to follow, let me tell you that popular notions are not necessarily always correct. Writhing in the conjured up hell in your mind is not as bad as it sounds, it has perks of its own. For instance, you can watch your not-so-insignificant other enjoying their guilt trip at ruining you. Your CGPA should be inversely proportional to the strength of your feelings and the intensity of your pain. In fact, fail the semester to exhibit your immense devotion. If you feel like taking it to the next level, year back will just do the trick.

Letting the World Know

Do not stop complaining about how miserable your life is. It is of paramount importance that all your friends and acquaintances know how you have been wronged. It will piss them off after a while and more grief will ensue upon the realization of how little they seem to care, precisely what you need. All your social media accounts must be a reflection of your despondent state. This is the right time to upload compendiums of your grief, get a photographer friend to click candid photos of you staring into the wilderness with classic black and white filters and appropriate captions like 'No one' and 'Forever alone'. Regularly update your status along the lines of 'Stop thinking about them because they are not thinking about you' or 'I've lost somebody who wasn't even mine'. Tip: Hindi *shayari* works like magic.

Given the situation at hand and how love didn't exactly serve you right, it only makes sense to quit the idea of loving altogether along with loving her. If you follow all these tips and are still unable to get over your rejection, accept the fact that you are not worthy of love and find bliss in eternal loneliness. Happy BT!



Fresh out of school and filled with enthusiasm, stepping into college seems very exciting. True for most of us, the last two years at school seem monotonous with the pressure of boards and the competitive exams hovering over you, keeping you from efficiently participating in various co-curricular activities. Thus, the initial college years become the best time for you to cover that loss up and participate as much as you can. So, interact and participate to let your long suppressed talents be educated!

Fortunately enough, NSIT offers a plethora of societies with different agendas to choose from. From dance to poetry, business to theatre and coding to debating, name it and we have a specific society for all, covering various aspects of growth and development of the students' personalities by providing them with the opportunity to pursue what they like. Having spent some weeks in your next best home- your green college- you already must have formed an opinion on the purpose and functioning of different societies here in college. With the zealous publicity rounds, a few societies in particular must have even grabbed your attention!

A society that ensures the coming together of like-minded people from different branches, provides a scope for them to deliberate and coordinate to work for a common motive, instilling within them the essence of team-spirit and the art of combined effort. It is the best place where one can learn to value the division of labour while you taste a semblance of professionalism as you witness projects focusing a larger audience, materialise for real.

Apart from the work, a society also adorns your college experience in general, with the best set of friends, amongst all, that you come across, here. You get a chance to make the most beautiful and the most stirring of all the college memories with these people; be it the trips to various colleges outside the station or within Delhi, a project that you undertake within the college campus or a new campaign that you initiate for publici-



ty and promotions.

Not just this, you experience a different feeling altogether when you select your juniors who shall take your society's name forward. Filled with nostalgia and delight, you pass on the legacy you inherited from your seniors once, to your talented juniors!

A society and the people you come across there- shape and embolden you with the work that you do, providing you with the opportunity to grow and learn outside your classroom, giving you a fresh break from the mundane college routine.

Though the idea of joining a society seems fascinating and captivating for various reasons like; socialising, interacting and exhibiting to further refine your skills, be sure of where your interests lie and fill your plate accordingly. What's essential to keep in mind is that, though the PORs (Positions of Responsibility) add to your CVs, they can only complement your academic scores and never be a replacement. So, it is only imperative that you keep your goals clear and devote a justifiable amount of time to all your commitments after prioritising them in a desirable order.

#NSITictionary

Tomorrow: (n.) the mythical day when you begin studying for the impending doom known as midsems.
pronunciation: *ne-ve-r*

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